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Dr Zarrar Chowdary

Psychiatry

MBBS, FRCPsych, FRANZCP

 Languages: Urdu



Melbourne - South Yarra

International travel

National travel

Regional travel

Telehealth

Executive summary

Dr Zarrar Chowdary is a highly experienced psychiatrist specialising in substance use, mental health disorders, and chronic pain, particularly in the context of complex trauma.

He earned his membership with the Royal College of Psychiatrists in England in 2006, followed by a CCT in General Adult, Rehabilitation, and Addiction Psychiatry in 2009. In 2012, he became a Fellow of the Royal Australian and New Zealand College of Psychiatrists. He

received board certification in addiction medicine in the USA in 2015 and was awarded a fellowship from the Royal College of Psychiatrists in England in 2018.

Dr Chowdary currently works at Monash Health in their addiction medicine unit, having previously held various consultant psychiatrist positions in community mental health teams, inpatient settings, long-term rehabilitation facilities, and justice health settings.

He is a member of the Faculty of Addiction Psychiatry and serves as an adjunct lecturer at Monash University.

Dr Chowdary is an experienced medicolegal expert and has completed over 2,000 medicolegal reports. He is available for fitness for duty, return to work, workers compensation, motor vehicle accidents, historical and institutional abuse and medical negligence reports.

Special interests

General Adult Psychiatry | Psychiatry Of Alcohol And Substance Addiction | Rehabilitation Psychiatry | PTSD | Anxiety And Mood Disorders | Chronic Pain | Bipolar Disorder | Historical & Institutional Abuse | Fitness For Duty Assessments | Return To Work Assessments | Workers Compensation | Motor Vehicle Accident Assessments

Accreditations

- American Medical Association's Guides to the Evaluation of Permanent Impairment, 4th Ed.
- American Medical Association Guides to the Evaluation of Permanent Impairment, 5th Ed.
 - Psychiatric and Psychological
- Guide to the Evaluation of Psychiatric Impairment for Clinicians
- WorkSafe VIC Independent Medical Examiner
- WorkSafe, TAC & Wrongs Act Impairment Assessor
- Joint Medical Examiner
- WorkCover Tasmania Accredited Medical Practitioner
 - Core

- Psychiatric Impairment Rating Scale
- NSW SIRA CTP Authorised Health Practitioner
- NSW SIRA Workers Compensation Permanent Impairment Assessor
– Psychiatric and Psychological

Qualifications

- Bachelor of Medicine, Bachelor of Surgery, Ayub Medical College, Pakistan
- Diploma (Psychiatry), School of Psychiatry and Behavioural Sciences, United Kingdom
- Fellowship, Royal Australian and New Zealand College of Psychiatrists
- Diploma (Psychiatry), American Board of Addiction Medicine, United States
- Fellowship, Royal Australian College of Medical Administrators, Australia

Experience

- Consultant Addiction Psychiatrist (Dual Diagnosis–Addiction Medicine), Monash Health, Victoria
- Adjunct Lecturer, Monash University, Victoria
- Consultant Psychiatrist, Austin Health, Victoria
- Consultant Psychiatrist (SECU), Austin Health, Victoria
- Private Practice, Victoria
- Staff Specialist (Alcohol and Drug Services), Community Psychiatry, Victoria
- Specialist Registrar, Northern Deanery, United Kingdom
- Senior House Officer, Manchester Psychiatry Rotation, United Kingdom
- Senior House Officer, South Cumbria Psychiatry Rotation, United Kingdom
- House Officer, Holy Family Teaching Hospital, Pakistan

Professional associations

- Fellow of Royal Australian College of Medical Administrators
- Fellow of Royal Australian and New Zealand College of Psychiatrists



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